



impact report

—
2024



friendsofyouth

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letter from the ceo



Dear Friends of Youth,

As we review our last fiscal year, I do so with continued gratitude to the partners in our work, including our donors, supporters, volunteers, and champions. Your generosity and commitment to community have empowered youth and young adults to create new futures filled with possibility and growth. Thank you.

Among the many highlights of our work together last year was opening Iva Place Kirkland, an affordable housing community in Kirkland, Washington for young adults, ages 18 - 24, earning at or below 30%, 35%, and 50% of the Area Median Income (AMI). Iva Place Kirkland offers 15 units featuring full-size washers and dryers, access to public transit, and proximity to educational and employment opportunities. The complex is also near employers and a short drive from Lake Washington Institute of Technology. We thank our key supporters for this project, including King County, A Regional Coalition for Housing (ARCH), and the Washington Department of Commerce.

Looking ahead, we are excited about creating a new resource center for youth and young adults impacted by foster care on our Griffin campus in Renton. This new center is a key part of our purposeful efforts to develop positive supportive living environments that are sustainable for youth seeking and needing high-quality program services.

Best Regards,

A handwritten signature in black ink, appearing to read 'PL', written in a cursive style.

Paul Lwali
President and CEO

about friends of youth

Since 1951, we have provided hope, community, and opportunities for growth to young people in King County.

Friends of Youth is a 501(c)(3) nonprofit, nationally accredited by the Council on Accreditation —ensuring quality, predictability, and accountability of services through multiple layers of review every four years.

Vision: Friends of Youth envisions all youth having every opportunity to succeed.

Mission: We partner with youth and families to provide the relationships, resources, and skills they need to attain personal growth and success.

impact by the numbers



13,140

meals provided at Willows Youth Services Center



12,344

direct outreach with youth through Safe Place



229

new families enrolled in behavioral health counseling



374

clients enrolled in programs at the Willows Youth Services Center



39

families enrolled in healthy start parent support program



1,406

clients served



311

families served

July 1, 2023 - June 30, 2024

new iva place kirkland



On Saturday, June 22, 2024, Friends of Youth hosted a Ribbon Cutting Ceremony for Iva Place Kirkland.

Honored guests and speakers included King County Executive Dow Constantine; Friends of Youth President and CEO, Paul Lwali; Friends of Youth Board President, Alex Lee; and Carol Helland, Board Member, A Regional Coalition for Housing (ARCH) Director, Planning and Community Development, City of Redmond.



Iva Place Kirkland is an extremely energy-efficient, affordable housing community offering below market rents, with mostly single occupancy units with shared living space for income-qualified young adults, ages 18 - 24.

It is located at 11005 NE 68th Street in Kirkland, near Houghton Center and public transit.

For more information visit, ivaplacekirkland.com.

Iva Place Kirkland is funded by King County, ARCH and the Washington Department of Commerce.

services



24

clients that obtained employment throughout Fiscal Year 2024

education & employment services

Education and Employment Services focuses on providing education and employment support to young adults, ages 18 - 24, experiencing homelessness.

Services offered include individualized support surrounding education and employment development including resume development, building soft skills, exploring career opportunities, and education and/or employment placements.

willows youth services center

The Willows Youth Services Center provides Drop-In and Overnight Shelter services to clients aged 18 - 24. This cutting-edge new facility operates 24/7, including holidays.

Designed in collaboration with young adult clients of Friends of Youth, the Willows Youth Services Center offers essential amenities, including meals from a commercial kitchen, improved laundry services, semi-private sleeping areas, and access to behavioral health counseling, employment support services, and other support services to assist young people in moving from crisis to stabilization.



374

clients enrolled in programs at the Willows Youth Services Center throughout Fiscal Year 2024



mental health & substance use, behavioral health counseling

In Fiscal Year 2024, we expanded our counseling services for individuals ages 4 - 24 utilizing funding from King County to introduce specialized programs.

We also expanded our shelter therapy program from our young adult shelter to our youth shelter. Our ongoing Dialectical Behavior Therapy (DBT) program offers consistent support through weekly skills groups, complementing our outpatient counseling and prevention efforts.

Our trauma-informed, culturally responsive counseling services focus on individual and family goals. With extensive training in evidence-based practices, our counselors are committed to empowering youth to harness their strengths, guiding them toward long-term success.

In Fiscal Year 2024:



“Working with youth means that positive changes can significantly alter a client’s life trajectory. Seeing a client realize their potential and agency is one of the most rewarding parts of my job!”

I joined Friends of Youth because I understood that therapy reverberates...not only does it impact individuals, but in good outcomes it changes families, generational systems, and communities. As a therapist at Friends of Youth, I am given an opportunity to support our youth who are becoming courageous ‘cycle breakers!’”

- Jacquelyn Carr, Therapist at Youth and Family Services



our value: youth first



We consider the impact on youth in every decision we make, while utilizing the inherent strengths of the individuals and communities we serve.

housing navigation

The Housing Navigation team assists young people experiencing homelessness or at risk of becoming homeless in identifying their housing needs and options.

They work to remove barriers in the housing process and connect clients with suitable housing programs. Participants have agency and choice throughout, with a focus on a client-centered approach.



83

youth / families who exited to permanent housing throughout Fiscal Year 2024



89 households enrolled in Housing Navigation programs throughout Fiscal Year 2024

therapeutic foster care

Every young person deserves the opportunity to heal, grow, and succeed.

Our trauma-informed foster homes provide a safe and supportive environment where youth can build resilience, explore their strengths, and gain the confidence to embrace life's possibilities. Tailored for youth in foster care with complex behavioral health needs, our individualized plans focus on nurturing personal growth and overcoming challenges. Through skill-building in communication, emotional regulation, substance use recovery, and independent living, we empower youth to thrive and create a brighter path forward.

supportive housing

Our Supportive Housing program offers case management support in an affordable housing complex for young adults experiencing homelessness.

Located in East King County with easy access to bus lines, schools, retail, and community centers, we provide housing stability as case managers help participants work toward their goal of self-sufficiency by reducing barriers to independent housing, increasing income, and enhancing tenancy and life skills.



rapid rehousing



The Rapid Rehousing program provides short-term rental assistance and case management services to young adults experiencing homelessness in King County.

Case managers assist participants in identifying, applying for, and renting units, and we provide move-in assistance and a step-down subsidy along with support to help participants obtain housing quickly, increase self-sufficiency, and stay housed.

Thank you to our sponsor KidVantage



KidVantage, formerly "Eastside Baby Corner," helps children have what they need to grow, play, learn, and thrive. KidVantage partners with and offers additional resources for Friends of Youth's Transitional Living Programs (TLPs), Supportive Permanent Housing (SPH, also known as Francis Village), and Rapid Rehousing for Young Families (RRHYFs). We thank you for your partnership and continuing to help build community and care for one another.

our value: relationships



Constructive relationships are essential to a fulfilled life. We seek a constructive relationship with the youth and families we serve and promote this in their lives.

transitional living services

Our Transitional Living Services provide case management and housing to single young adults and pregnant or parenting young adults and families.

New Grounds Bothell serves pregnant or parenting young parents and families ages 18 - 24 and New Grounds Sandpoint programs serve pregnant or parenting young adults ages 18 - 21. They can live in our units for up to 2 years. Our New Ground Totem Lake program serves single young adults ages 18 - 21 (ages 16 and 17 if emancipated) for up to 18 months.

All our Transitional Living Services programs provide case management support and services with the end goal of transition to permanent housing and independent living.

long-term foster care

Long-Term Foster Care supports families in creating safe, stable homes for children and youth ages 6 - 21.

The program addresses their physical, emotional, and social needs in a supportive family setting. Foster caregivers receive training and support to help youth achieve therapeutic goals and prepare for adulthood. Unaccompanied minors are referred by the Office of Refugee Resettlement, while other youth are referred by the Washington State Department of Children, Youth, and Families.



39

households enrolled and accessing transitional living services

services

our value: quality



We strive to achieve the highest degree of quality in our services. One that is internally and externally validated and provided in a context of safety and confidentiality.

healthy start parent support

This year, we focused on enhancing data quality, strengthening team dynamics, and expanding community outreach.

We are committed to providing the highest standards of care in our home visiting program for pregnant and parenting families with children under six. Our dedicated home visitors offer support, resources, parenting guidance, health screenings, and connections to community services, meeting families where they are and addressing their evolving needs post-pandemic.



“I feel foster parenting is a continuation of parenting our own children. I enjoy seeing how children, even those needing more intensive therapeutic support, are so similar to our own. In one moment they are full of motivation and joy, and in the next they are trying to make peace.

I really love it when a youth opens up to me – even if I don’t have anything to say, just knowing they can trust me is so valuable. I also feel it is a humbling journey, I can’t boast in helping youth meet all their goals, but I get to celebrate the small steps they make toward each of their goals.

- Alice Hinga, current foster parent

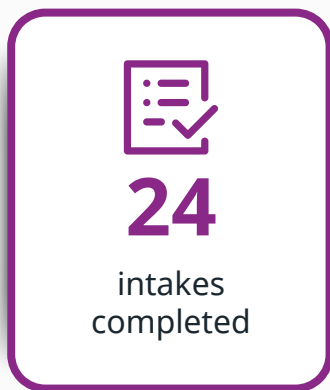
services

safe place

Safe Place is an early intervention and homelessness prevention program supporting youth in crisis, such as mental health emergencies or unsafe home situations. This program operates 24/7, with over 22,000 designated community sites nationwide.

Run by Friends of Youth in King County, we assist homeless and runaway youth ages 12 - 17 by connecting them with emergency services and shelter. In Fiscal Year 2024, Safe Place reached over 12,300 youth and trained over 1,500 adults, earning Friends of Youth recognition from National Safe Place as one of the top five agencies with the highest outreach contacts.

In Fiscal Year 2024:



summer program

With summer funding from King County, we increased client participation in our mental health and substance use program by providing telehealth access with laptops and headphones, gift cards to meet basic needs, and transportation support for those unable to use telehealth.

We focused on boosting attendance and saw positive engagement with art in groups and individual sessions. This support helped sustain high engagement throughout the summer, especially for our younger clients.



celebration of youth

Thank you to all who attended our Celebration of Youth events in April.

It was amazing to see so many familiar and new faces at the event supporting young people. With your support we **surpassed our goal and raised \$515,145!**



"In our unlimited togetherness we can do amazing things with young people in our community by providing a system of support from housing to case management to a safe space to be themselves."

Paul Lwali, CEO

Together with our partners and community, we all play a vital role in shaping this collective success!

Thank you to our panelists

Dominique Alex, Troy Christensen, Dietra Clayton, Degale Cooper, Precious Jamerson, Jim Theofelis, and our emcees Yvonne-Monique Aviva, Brad Blackburn III, and Tiana Cole. Thank you to our panelists for their words of empathy, action, and advocacy.



Thank you to our sponsors

Brown & Brown Insurance, Centerra, Chateau Retirement Communities, Corient, Cornerstone Architectural Group, HUB International, Logic20/20 Consulting, Parker, Smith & Feek, Rod Skaar, and Sher Partners.



Sher Partners

CORIENT

Rod Skaar



donation drives and events

our value: collaboration



We collaborate to improve outcomes for the individuals and families we serve.

comcast

Thank you, Comcast for Teaming Up to support Friends of Youth throughout November 2023.

Your teamwork was amazing while you volunteered and helped raise funds! Thank you for all the organizing of supplies and the human power it took to beautify our donation space. Comcast also made and donated 100 calming kits with some much-needed self-care items to go to young people.



amazon black employee network

Our hearts were filled with gratitude when we welcomed the Amazon Black Employee Network on February 28 for a volunteer project.

Members from different states and communities gathered to organize our donation space and assist our Office of Diversity, Equity, and Inclusion (ODEI) in preparing materials to celebrate Women's History Month within our facilities. Meeting such an enthusiastic group was truly inspiring!



donation drives and events



BSA troop 8711

On Dr. Martin Luther King Jr. Day, Talia and her BSA troop 8711 went above and beyond.

They organized, cleaned, and moved hundreds of donations from one location to our central office, making them more accessible for our case managers and clients. What an incredible way to honor the spirit of service on this special day!

job fairs

To expand our talent pool and raise awareness of Friends of Youth, Recruiter Terrence Ross-Joyner attended a variety of job fairs and hiring-focused outreach events throughout the year.

These included key institutions like Bellevue College, Western Washington University, Seattle University, and the University of Washington, as well as community-focused events at the City of Tukwila and AmeriCorps. Through these efforts, we connected with countless potential candidates and shared our mission of empowering young people.



paws and pride

Saturday, June 1, 2024, in partnership with Eastside Pride PNW, Friends of Youth hosted a booth at the Paws and Pride event in downtown Bellevue.

Employees and their dog companions enjoyed meeting guests of the event, amplifying awareness of Friends of Youth's program services and values.



looking ahead diversity, equity, and inclusion

our value: equity



We are committed to an inclusive movement toward empowerment and social justice by demonstrating respect of differences, advocating for social change, and providing access to culturally relevant services to meet the needs of all youth and families.

In fiscal year 2023-2024, Friends of Youth made significant strides in advancing diversity, equity, and inclusion (DEI). We launched a comprehensive DEI learning initiative to enhance employee awareness, promote authentic conversations, and drive equity-focused action across the agency. By embedding DEI values in our culture, we create a more welcoming and inclusive environment for our clients, ensuring they feel seen, heard, and valued.

We continued to empower Employee Resource Groups (ERGs), providing the structure needed to create an inclusive environment. Our work extended beyond our walls, building meaningful community partnerships such as with Eastside Pride Pacific Northwest, enhancing LGBTQ2SIA+ inclusivity through events like Paws and Pride.

We also implemented reliable metrics to track collaboration across departments, ensuring DEI principles are embedded in our work. Looking ahead, we remain committed to furthering clarity and accountability by developing DEI-specific policies that reflect our dedication to our clients and community, both internally and externally. We strive to strengthen our relationships and demonstrate our commitment to equity in all we do.



our value: accountability

We ensure fiscal and program accountability and exhibit the highest professional and ethical standards to all internal and external stakeholders.



council on accreditation

Friends of Youth is proud to maintain our accredited status through the Council on Accreditation (COA), a subsidiary of Social Current and a convener of social service agencies dedicated to dismantling harmful systems through advocacy and quality services. It is through their help that agencies like Friends of Youth can continue our strong partnerships and ensure the communities we engage continue receiving the care they deserve.

To receive this recognition, the agency underwent an extensive audit which assessed Friends of Youth practices against 900+ nationally recognized indicators of quality across our programs and operations. We are incredibly grateful to all those who help us achieve this standard every day and who were able to participate in the accreditation process!

2024 legacy award winners



This year, the Friends of Youth Foundation honored three community members for their dedication and support to Friends of Youth. Each awardee has stepped up time and time again in unique ways to support young people in our community.

legacy board awardee – David Beckerman

legacy supporter awardee – Monica Negrila

legacy employee awardee – Brooke Drennon

financial overview

july 2023 - june 2024

PUBLIC & INDIRECT SUPPORT

Contributions	\$2,430,516
Non-operating Income (Capital Projects)	\$2,084,340
Government Grants	\$11,160,877
Earned and Other Revenue	\$2,845,672

TOTAL SUPPORT & REVENUE **\$18,521,405**

OPERATING EXPENSES

PROGRAM SERVICES:

Residential and Foster Care Services	\$5,560,593
Homeless Youth Services	\$4,065,785
Youth and Family Services	\$2,675,242

SUPPORT SERVICES:

Management and General	\$4,787,857
Fundraising	\$585,943

TOTAL EXPENDITURES **\$17,675,420**

CHANGE IN NET ASSETS **\$845,985**

NET ASSET BALANCES

Without Donor Restrictions	\$9,977,471
Restricted Net Investments	\$10,533,190
With Donor Restrictions	\$31,990

TOTAL NET ASSETS **\$20,542,651**

This report reflects FY24 Audited Financials from July 1 2023 to June 30 2024.



**thank
you!**



your contributions make a big impact.

Thank you for contributing to the lives and holistic growth and development of the wonderful young people we support.

Visit our website to learn about all the ways you can partner with us to support vulnerable youth:

friendsofyouth.org/support-us





friendsofyouth.org



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