We Are Counting on Our Community

Each night we shelter up to 20 homeless young adults at our Landing shelter in Redmond. Our recent commitment to expand our capacity from 15 beds to 20 is based both on need and a belief that the community will help us fund these much needed beds.

The need is clear:

- **October 23rd**: 23 young adults showed up for shelter, 20 got beds, 3 got bus tickets
- **October 24th**: 21 young adults showed up for shelter, 20 could stay, one got a bus ticket
- **October 30th**: 23 young adults arrived, 20 could stay, 3 got bus tickets

But numbers tell only a part of the story:

- Recently, one guest arrived from work at 11pm. He was promoted to manager and expects to start working more evening shifts.
- When asked how school was going one guest said fine, but explained that she is having trouble staying on top of her assignments because she is constantly trying to find a safe place to sleep.
- A new guest, checking in for the first time, told us he wants to get back into school and is currently looking for work.

Help us continue to provide safe shelter for homeless young adults. We are 43% of the way to our goal of $78K, which supports 5 beds of shelter year round and bus tickets. We need you—won’t you send in a donation today? Thanks for being on our team for youth!

Help Make Thanksgiving a Holiday for Our Youth

Our annual Thanksgiving Supply Drive provides homeless youth and foster kids with a delicious holiday meal. Help us make Thanksgiving a warm and loving time of year by donating a traditional Thanksgiving dinner. These are the items that we need:

- Aluminum roasting pan
- Stuffing mix
- Canned Yams
- Cream of Mushroom Soup
- Instant Potatoes
- Gravy mix
- Pumpkin Pie Mix
• Pie Crust
• Cranberry Sauce
• Perishable foods (such as a turkey) can be given through a grocery gift card (Safeway, Fred Meyer, QFC)

Click here to view a printable version of the flyer, containing the list of items needed to have for a shopping list, and other important information.

Please drop off donated items at the Kirkland Youth Service Center between 8:30 AM and 5:00 PM Monday - Friday by November 14. Thank you so much for your help!

---

Upcoming Event

Help Us Increase Counseling Hours in Schools

Friends of Youth provides counseling to youth and their families in the Issaquah, Snoqualmie Valley, and Riverview School District communities. One of our most effective services is our on-site counseling and support for students at schools. Wait lists for students seeking mental health and substance abuse counseling have grown to between 15-25 students per school. Our counseling services are an important support for students struggling with depression, anxiety, and substance abuse. Providing services during the school day ensures that students receive the timely, professional counseling they need to be successful.

Thanks to your donations at last year’s breakfasts, we were able to increase our mental health and substance abuse treatment counseling services in each of the school districts we serve.

Please join Friends of Youth by attending one of these inspiring breakfasts this November and helping us achieve our goal to provide more robust counseling services in our schools.

Register now at: https://community.friendsofyouth.org/pages/events-general/yfsbreakfasts

Riverview School District
**November 5, 2014 from 7:45-8:45am**
Riverview School District Educational Service Center
15510 1st Ave NE, Duvall, WA 98019

Issaquah School District
**November 12, 2014 from 7:30-8:30am**
Pickering Barn
1730 10th Ave NW, Issaquah, WA 98027

Snoqualmie Valley School District
**November 18, 2014 from 7:30-8:30am**
Meadowbrook Farm
1711 Boalch Ave., North Bend, WA 98045

Rainmakers Wanted

Help us fill the room. For every person who brings a registered guest, you will earn a Raindrop Raffle Ticket for a door prize drawing* at the breakfast. You will also be recognized as a “Rainmaker” and will receive a gift of appreciation.

There are two ways to register your guest:

• When you register to attend, add them as a guest.
• Guests can register themselves for the breakfast and put your name in the box “How Did You Hear About This”.

Thank you for your help in creating a “DOWNPOUR”!
Barnes and Noble Book Fair

Shop at Barnes and Noble November 19th through November 26th using the code 11488418 and a percentage of the net sales will go to our Youth and Family Services Program.

Can’t make it to the store? Visit bn.com/bookfairs to support us online from November 19th through December 2nd by entering Bookfair ID 11488418 at checkout.

Keep In Touch with Friends of Youth

With so much happening at Friends of Youth, we have many ways for you to keep up with the latest news:

Sign up for our e-mail list here.
Mailing list – sign up for our quarterly newsletter
Blog – get in-depth blog posts delivered directly to your inbox
Facebook – find us and "like" us
Twitter – breaking news
LinkedIn – business news and announcements