Heroin Use by Youth on the Rise

A few weeks ago we learned that a former client had died of a heroin overdose. Our hearts ache for his grieving family and community. Sadly, we have seen an alarming increase in opiate use, especially heroin, in the past few years. In fact, heroin use across the entire state* has increased dramatically. In King County, opiate related deaths rose from 309 in 2000-2002 to 467 in 2009-2011, a staggering 51% increase. Even more alarming is that the vast majority of this increase is attributed to those under the age of 30.

At Friends of Youth, we are here to help youth who struggle with addiction. We offer a variety of substance abuse resources and services that can help youth and families recover, cope, and move past drug abuse. Our prevention and early intervention support is designed to promote healthier and safer choices for youth. Our comprehensive outpatient treatment offers tailored service plans that include a combination of individual, family, and group counseling sessions, using a psycho-educational approach. Additionally, we offer drug and alcohol assessments and treatment for young people who suffer from co-occurring disorders.

If you or someone you know may benefit from these services, please contact the office closest to your community – Issaquah at (425) 392-6367, Duvall at (425) 844-9669, or Snoqualmie at (425) 888-4151. Together, we can do more to battle addiction.

*Alcohol and Drug Abuse Institute (ADAI), University of Washington, adai.washington.edu

Back-to-School Supply Drive

Friends of Youth’s annual Back-To-School Supply Drive collects school items to benefit homeless and at-risk youth in Issaquah, Snoqualmie, Renton, and Duvall schools.

Visit our website homepage and click on the city links for our donations lists. Donated items can be dropped off at any of the below locations from August 1st – 15th. Just look for the big green drop boxes!

Monday-Friday, 8:30am-5:00pm

- Friends of Youth, Issaquah Counseling office: 414 Front Street N
- Friends of Youth, Duvall Counseling office: 26420 NE Virginia Street, Suite 2
- Friends of Youth, Snoqualmie Counseling office:
Monday-Saturday, 10:00am-5:00pm

- Issaquah Library: 10 West Sunset Way
- Duvall Library: 15508 Main Street NE
- Carnation Library: 4804 Tolt Avenue
- Snoqualmie Library: 7824 Center Boulevard SE
- Fall City Library: 33415 SE 42nd Place
- North Bend Library: 115 E. 4th Street
- Renton Highlands Library: 2902 NE 12th Street

Tuesday-Saturday, 9:00am-10:00pm

- Luther’s Table: 419 S. 2nd Street, Suite 1, Renton

Thank you to all of our community partners that have set-up collection boxes in their locations, and thank you for donating supplies to support youth in our community.

Keep In Touch with Friends of Youth

With so much happening at Friends of Youth, we have many ways for you to keep up with the latest news:

Sign up for our e-mail list here.
Mailing list – sign up for our quarterly newsletter
Blog – get in-depth blog posts delivered directly to your inbox
Facebook – find us and "like" us
Twitter – breaking news
LinkedIn – business news and announcements