Dear Friends,

We are so pleased to provide this report to you in this, our 65th year of service to the children, youth and families of our community. We know that Friends of Youth holds a special place in your heart and we’d like to personally thank you for being on our team for youth. Whether you’ve been a client, a staff member, a donor, a volunteer, or a funder, you have been a part of this year’s successes. Thank you!

Here are a few highlights of the year just ending:

New Programming

This year we launched a new education program in partnership with King County, Seattle Education Access, and Lake Washington Technical College. The Eastside Reengagement Center works with youth experiencing homelessness and crisis to increase graduation, GED completion and college enrollment.

Strengthening Staff

The improving job market has made it more challenging to recruit hourly staff, key members of our team. In August, we hired a new HR professional to support the recruitment and hiring of staff and we are committed to steadily increasing the hourly wages for these staff members, with a goal to reach $15/hour by 2018.

New Challenges

The Opioid epidemic continues to negatively impact young lives throughout our community. Our Substance Use Disorder and Mental Health Counseling staff are working tirelessly to respond to the ongoing crisis. We now have overdose kits available at all of our sites to ensure that we can respond to an overdose emergency.

As a foster care provider for the entirety of our 65 year history, we are concerned by the dearth of licensed foster homes available to children in need of care. We recruit and license foster parents throughout the region and we are working with our partners, funders and foster parents to increase the number of caring, loving homes available to children.

Homelessness continues to increase in our region. This year we embarked on a new diversion project, working to connect youth with the resources they need to avoid entering the housing system. New funding from King County helped us to increase counseling and staff support for young people struggling with significant barriers to housing success.

We are privileged to have had the opportunity to assist over 6,500 young people this year, each one unique and valuable with so much potential and promise.

Terry Pottmeyer, President & CEO

Terry Hall, Board Chair Emeritus
## OUTCOMES

### Clients served by program

<table>
<thead>
<tr>
<th>RESIDENTIAL TREATMENT</th>
<th>218</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foster Care</td>
<td>33</td>
</tr>
<tr>
<td>New Roads Extended Foster Care</td>
<td>22</td>
</tr>
<tr>
<td>Griffin Home</td>
<td>48</td>
</tr>
<tr>
<td>Youth Haven</td>
<td>115</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Outcomes achieved</th>
</tr>
</thead>
<tbody>
<tr>
<td>90% of youth in our foster homes felt safe and were happy with their placement.</td>
</tr>
<tr>
<td>Refugee youth from eleven different countries learned the life skills they need to succeed. Every youth was enrolled in school full-time.</td>
</tr>
<tr>
<td>95% of youth in our residential homes reported that they increased their trust in adults and learned new coping skills.</td>
</tr>
<tr>
<td>Youth Haven provided 3,370 bednights to foster youth and homeless kids from more than 35 different communities.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HOMELESS YOUTH SERVICES</th>
<th>2,199</th>
</tr>
</thead>
<tbody>
<tr>
<td>Street Outreach</td>
<td>1,308</td>
</tr>
<tr>
<td>The Landing Shelter</td>
<td>214</td>
</tr>
<tr>
<td>Drop In</td>
<td>223</td>
</tr>
<tr>
<td>New Ground Transitional Living</td>
<td>284</td>
</tr>
<tr>
<td>Rapid Rehousing</td>
<td>36</td>
</tr>
<tr>
<td>Education</td>
<td>47</td>
</tr>
<tr>
<td>Employment</td>
<td>87</td>
</tr>
<tr>
<td>Specialized Client Support</td>
<td>128</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Outcomes achieved</th>
</tr>
</thead>
<tbody>
<tr>
<td>87% of youth in our Outreach case management services achieved housing.</td>
</tr>
<tr>
<td>The Landing provided 6,134 bednights to young adults experiencing homelessness, giving them a safe and supportive alternative to the streets.</td>
</tr>
<tr>
<td>Our Drop-In program distributed over 12,000 food packets and 748 articles of clothing to young people in need of support.</td>
</tr>
<tr>
<td>86% of the young people in our transitional housing “graduated” to a safe, stable place of their own.</td>
</tr>
<tr>
<td>All youth who secured permanent housing through this program were able to maintain it at program end.</td>
</tr>
<tr>
<td>This new program has helped 47 youth return to a steady educational program and work toward their GED.</td>
</tr>
<tr>
<td>83% of our young people increased their job-readiness skills.</td>
</tr>
<tr>
<td>Five dedicated case managers provided an extra layer of support for youth who have experienced sexual assault, exploitation, family conflict or crisis.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YOUTH AND FAMILY SERVICES</th>
<th>3,611</th>
</tr>
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<tbody>
<tr>
<td>Mental Health Counseling</td>
<td>641</td>
</tr>
<tr>
<td>School Based Prevention Programs</td>
<td>386</td>
</tr>
<tr>
<td>Education and Outreach</td>
<td>2,372</td>
</tr>
<tr>
<td>Substance Use Disorder</td>
<td>212</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Outcomes achieved</th>
</tr>
</thead>
<tbody>
<tr>
<td>82% of youth who concluded one-on-one counseling resolved or significantly improved coping strategies to deal with the issues that brought them to our offices.</td>
</tr>
<tr>
<td>87% of youth in our Check &amp; Connect program improved their study habits and ability to succeed in school.</td>
</tr>
<tr>
<td>Youth in our three school district communities learned from our team how to be mentally healthy and how substance use can impact their bodies and lives.</td>
</tr>
<tr>
<td>75% of youth who completed substance use disorder counseling made significant progress toward their goals.</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>HEALTHY START</th>
<th>484</th>
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</thead>
<tbody>
<tr>
<td>Healthy Start*</td>
<td>484</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Outcomes achieved</th>
</tr>
</thead>
<tbody>
<tr>
<td>98% of families served increased their healthy, effective parenting skills, and 96% strengthened their nurturing and attachment behaviors.</td>
</tr>
</tbody>
</table>

### TOTAL UNDUPPLICATED CLIENTS

| 6,512 |

*Healthy Start is a collaboration of the following agencies: Friends of Youth, Northshore Youth and Family Services, Renton Area Youth and Family Services, and Youth Eastside Services.*
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Thanks to YOU We Invest in Prevention

Healthy Start works to end the cycle of child abuse and neglect in our communities. We employ an evidence-based model to strengthen and support parents. Our work alters the trajectory of at-risk families by offering support for two generations, both parent and child. In FY 2016 98% of our Healthy Start parents strengthened their parenting skills.
Thanks to YOU We Invest in Students

Our Check & Connect program supports students at risk of academic failure in middle school with a consistent presence (Check) and constant support (Connect) to help them overcome challenges and keep them on track for on time graduation. In FY 2016 87% of our students enrolled in Check & Connect improved their study habits and their grades.

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Karen Kozol
Rose Kreider
Jodi Lailas
Gamer Lanier
Marla LaPorta
Hannah Leask
Cassie Lee
Julie Leh
Trish Lehr
Vanh Lekhaluk
James Lenert
Alexandra Lewis
Chautin Lin
Brett Lindeke
Rachael Long
Diane Lofburrow
Andy Lowney
Kim Lunslford
Gary Mase
Karl Mancero
JeLisa Marshall
Debbie Marthens
Sue Masel
Yoshe Matter
Roza Matyu
Joan McBride
Matt McCleary
Elizabeth McNerney
Jennifer McKeever
Judy McRae
Kristy Meadows
Laurie Meckling
Uma Meesala
Alex Mehn
Natasha Meinkova
Julian Melo
Christine Menges
Ted Meniam
Tim Miller
Elen Minish
Jan Mitchell
Perry Montgomery
Daniel Moore
Kate Moore
Michelle Mourin
Christine Myers
Roland Nakahara
Drew Nash
Rebecca Nenn
Lauren Nest
Natalie Nikula
Stephanie Nilsson
Lillian Nordby
Debbie Norris
Maryse O'Connell
Catalin Oceaneu
Ani O'Leary
Trina Oleseher
Suayhe Oloores
Jill Olson
Ethan Olson
Deb Osbome
Katherine Owen
Denise Page
Erik Palmer
Ramya Parameswaran
Susan Parhik
Jon Parker
Jeff Parmenter
Stephanie Parrish
David Parsons
John Patton
Casey Paul
Melanie Plastic
Bryan Player
Blanka Polak
Bob Poole
Cecilia Porto
Terry Pottmeyer
Alan Poulou
Sarah Wallis
Laura Walton
Zachary Warren
Donna Warto
Amanda Welch
Curis Wells
Kevin Whattam
Dana White
Denise White
Michael Widman
Kristin Williams
Kate Woodward
Namani Yoshida
Laura Young
Averylyn Yun
Sarah Zareen
Northshore Junior High School
Eastside Prepatatory School
Microsoft
United Way Emerging Leaders
UMTM360
Art with Heart
US Bank
Provincecal Christian School
Sleep Train
Boeing
Hitachi
Christmas, a Local
Company
Concur
Farmers New World Life Insurance
Microsoft Corporation
Starbucks
Keeryn Office Supply
Cranz Aerospace and
Electronics
Eastside Catholic School
puwC
United Way of King County
Emerging Leaders
In Kind
Sharon Abraham
Victoria Aceto
Claudine and Dean Adamo
Maria Alao
Alaska Airlines
Mary Albert All Saints Episcopal Church
Amore Hair Design
Bill and Kathryn Anderson
Connor Smith and Jennifer Anderson
Miriam Anderson
Georgeanne Andreasen
Briand Angiuli
Nathan Auer
Leena Bahuarkar
Deepa Balasubramanyan
and Venkatesa
Sathyamurthy
Tracy Balch
Brian Baldwin
Jennifer Barta
Jeri Bavousett
Bear Creek United
Marge Bearman
Joan and Jim Beamunt
Stacie and Don Becker
Bellevue Montessori School
Kate Berens
Irene Bemard
Ginnie Berry
Kaylin Beamer
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Blue Dog Farm
Grace Blum
Bobo's Rods and Customs
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Lynn Collins
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D'Constand
Darlene and Robert Connor
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Costco Vendor
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Marla De La Pena
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Linda and Pat Diefendorf
Sue Downing
Charles Drake
Glenn and Katherine
Dreyfuss
Andre Dulce and Alliston
Gates
East Shore Unitarian Church
Eastside Baby Corner
Eastside Pathways
Kathi Eide
Kasey Elkund
Valerie Ellefsson
Natalie Engel
Sarah Eraker
Espedia
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Kelly and Patrick Fagan
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Jeffrey Finan
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Girl Scout Troop 42217
Fay and Richard Given
Global Youth Advocates
Cathy Goldsmith
Jennifer and Robert Gordon
Radajanna Govindaraj
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Erin Hoye
Barbara Hoffman
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Holy Spirit Lutheran Church
Hopelink
Drew Morgan Hordyk
Kyia Houda
Angela and Slavik Hubenaka
Hartmut Huesmann
Kristina Huygh
ICYS Key Club
InComm Product Control
James Issaquah
High School
Rosemarie Ives
Catherine Iwicky
Nicole Jackson
Jody Jacobs
Thank You

Friends of Youth is grateful to the many individuals, foundations and corporations whose gifts help change the lives of the youth we serve. We have taken great care to accurately list all of our donors. We sincerely apologize for any misspellings or omissions and would appreciate the opportunity to correct our records; please email our Development Team at info@friendsofyouth.org with any updates or corrections.

Friends of Youth supports homeless young parents as they learn the skills they need to exit homelessness, achieve self-sufficiency and create stable, loving futures for themselves and their children. Housing is a crucial component of this journey. In FY2016 over 86% of our young families exited our transitional housing to safe, stable housing.
Thanks to YOU We Invest in Education

Homeless high school students in the state of Washington have dropout rates (31.3%) almost as high as their graduation rates (46%). While we work to end youth homelessness, we are also working to increase the academic achievement of those who are experiencing homelessness in our community.

Our recently opened Eastside Reengagement Center supports disconnected youth in completing their education by helping students address barriers to academic and vocational success as they work toward earning their GED and planning for additional education.

In FY2016 47 young people enrolled in our program and restarted their educational journey.

Vision

Friends of Youth envisions all youth having every opportunity to succeed.

Mission

Friends of Youth delivers a broad range of services to youth and their families to improve their emotional stability and self-sufficiency.

Our Core Values

Youth First
Equity
Collaboration
Relationships
Quality
Accountability

Thanks to YOU Young People Succeed

Only twenty-two years old, Tina told staff during her first night at the Landing that she was overwhelmed and didn’t have a lot of hope. She enrolled in case management and discussed her goals with shelter staff. She was determined to get a good job and housing.

In less than a month of staying at shelter, Tina found a steady job that she enjoyed. The leadership qualities she showed while in shelter opened the door to the Landing’s leadership development program, Step Up.

More determined than ever, Tina began working with Friends of Youth’s Rapid Re-Housing Case Manager to pursue permanent housing. She saved money from her job, often waking up at 4 A.M. to catch the bus for work. Within weeks of starting her new job, she was promoted to supervisor and received a raise. With help from Friends of Youth’s Rapid Re-Housing Program, Tina and a good friend moved into their own apartment.

On her last night at shelter—having stayed for just over two months—Tina told staff that she felt overwhelmed again, but in a good way. “It all started here,” she said. “This place gave me hope.”
FY2016 Investment in Youth

Youth and Family Services
Mental Health & Substance Use Disorder Counseling, Prevention and Parenting Programs. Services provided to the Issaquah, Snoqualmie Valley and Riverview School District Communities and to other Friends of Youth Programs.

Homeless Youth Services
Street Outreach, Drop-in, Emergency Shelter (ages 18-24), Case Management, Transitional Housing, Education, Employment and Counseling.

Child Welfare Services
Foster care, Extended Foster Care, Residential Treatment and Emergency Shelter for Youth under 18.

** Includes $633,709 Depreciation Expense

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct Program Support</td>
<td>$10,772,564</td>
<td>86%</td>
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<tr>
<td>Core Mission Support: Finance, HR, Leadership</td>
<td>$1,272,209</td>
<td>10%</td>
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<tr>
<td>Core Mission Support: Fundraising &amp; Development</td>
<td>$472,133</td>
<td>4%</td>
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<tr>
<td>TOTAL FY2016 INVESTMENTS IN YOUTH**</td>
<td>$12,516,906</td>
<td>100%</td>
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FY2016 Revenue and Support

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Federal, State, Local Fees and Grants</td>
<td>$9,449,852***</td>
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<tr>
<td>Capital Campaigns</td>
<td>$79,858</td>
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<tr>
<td>Contributions and Special Events</td>
<td>$1,635,106</td>
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<tr>
<td>United Way (King and Snohomish County)</td>
<td>$624,174</td>
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<tr>
<td>Investment Income/Other</td>
<td>$46,875</td>
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<tr>
<td>Fees for Service</td>
<td>$271,593</td>
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<tr>
<td>TOTAL EXPENSES</td>
<td>$12,107,458</td>
</tr>
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</table>

***Includes reduction of $208,213 for forgivable loan recognition
All figures based on FY2016 audited financials. Our fiscal year is July 1 through June 30.
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