



Make a Donation



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October 2013

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## Supporting Kids in School by Supporting Friends of Youth

Last year, the Youth and Family Services program was able to provide at least three hours per week of counseling in high schools in the Riverview, Snoqualmie Valley, and Issaquah School Districts. But that was far too little, and the need for services is growing.

Did you know?

- 21% of 12th graders have used marijuana in the last 30 days in the Riverview School District.
- 49% of 12th graders in the Snoqualmie Valley School District have used alcohol.
- In the past year, 30% of 12th graders experienced depression and needed counseling services in Issaquah School District.

Help us support our youth with robust counseling services in these school districts by attending one of the upcoming community breakfasts:

Snoqualmie Valley School District - Tuesday, November 19, 2013, 7:30 AM

Riverview School District - Wednesday, November 20, 2013, 7:45 AM

Issaquah School District - Tuesday, December 3, 2013, 7:30 AM

[RSVP Today](#)

**Help us Fill a Thanksgiving Basket**

Help make Thanksgiving a warm and filling season for homeless and foster youth by providing the makings for a traditional Thanksgiving dinner. Our Thanksgiving Basket program provides a holiday meal for all of our homeless youth and foster families. Needed donations include the following items:

- Aluminum roasting pan
- Stuffing mix
- Canned yams
- Canned green beans
- Cream of mushroom soup
- Safeway/QFC/Fred Meyer gift card for perishable items
  
- Instant potatoes
- Gravy mix
- Pumpkin pie mix
- Pie crust
- Cranberry sauce

Donations can be dropped off at the [Kirkland Youth Service Center](#) between 8:30 AM and 5:00 PM Monday - Friday by November 15. Thank you!

## Remembering Alan Withers



Alan Withers, a great friend and supporter of Friends of Youth, passed away on September 7, 2013. A retired Boeing engineer, Al was a neighbor and a long-time volunteer at our Griffin Home campus in Renton. After retirement, Al organized freeway clean-up days for the Kennydale Neighborhood Association and enlisted the Griffin Home boys in monthly work crews. He always concluded each clean-up with his personal treat, a McDonald's lunch for all. Al also found time to tutor and mentor residents and was a recipient of Friends of Youth's Volunteer of the Year Award.

A few years ago, Al shared his thoughts about volunteering in our Griffin Home program: "There are many reasons to volunteer your time to Griffin Home. First, of course, is the good feeling that you are helping a set of boys who did not have all the advantaged that many kids had while growing up. It teaches you humility to see some of the boys and the obstacles they had to overcome to get out in the community and make their own contribution."

After his cancer diagnosis in 2003, Al kept a positive outlook and remained engaged and active. He showed us how to share and to help others with great enthusiasm. We will miss him.

## Celebrate With Us in October

Fall Festival in Duvall, Saturday October 12, 1-3 PM - The whole community is invited to celebrate the fall harvest season with pumpkins, games, arts and crafts activities, and special treats at our annual Fall Festival. Bring the kids and stop by our Duvall location on Saturday, October 12 between 1 and 3 PM. Find us at 26420 NE Virginia Street, Duvall.

Issaquah Salmon Days, October 5-6, 10 AM-6 PM - Families celebrating the annual return of the salmon to Issaquah can visit the Quiet Room we are hosting at our office, located at 414 Front St. N, at the north end of the festival. Our comfortable, homelike surroundings are perfect for nursing and changing babies and naptime for toddlers.

## Keep In Touch with Friends of Youth

With so much happening at Friends of Youth, we have many ways for you to keep up with the latest news:

Sign up for our e-mail list [here](#).

[Mailing list](#) – sign up for our quarterly newsletter

[Blog](#) – get in-depth blog posts delivered directly to your inbox

[Facebook](#) – find us and "like" us

[Twitter](#) – breaking news

[LinkedIn](#) – business news and announcements

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